

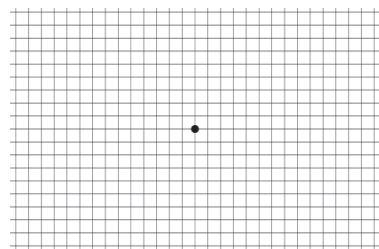
# Monitor your vision

It's important to regularly check your vision for changes (wavy lines or blind spots) and follow up with your doctor.

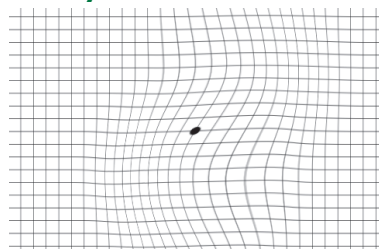
If you notice any changes to your vision, call your doctor right away—**don't wait for your next appointment.**

## Here are a few changes to look out for:

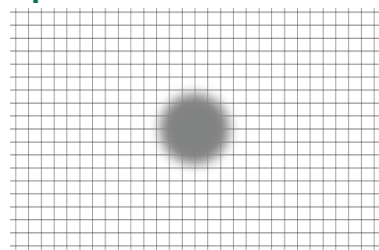
### Normal



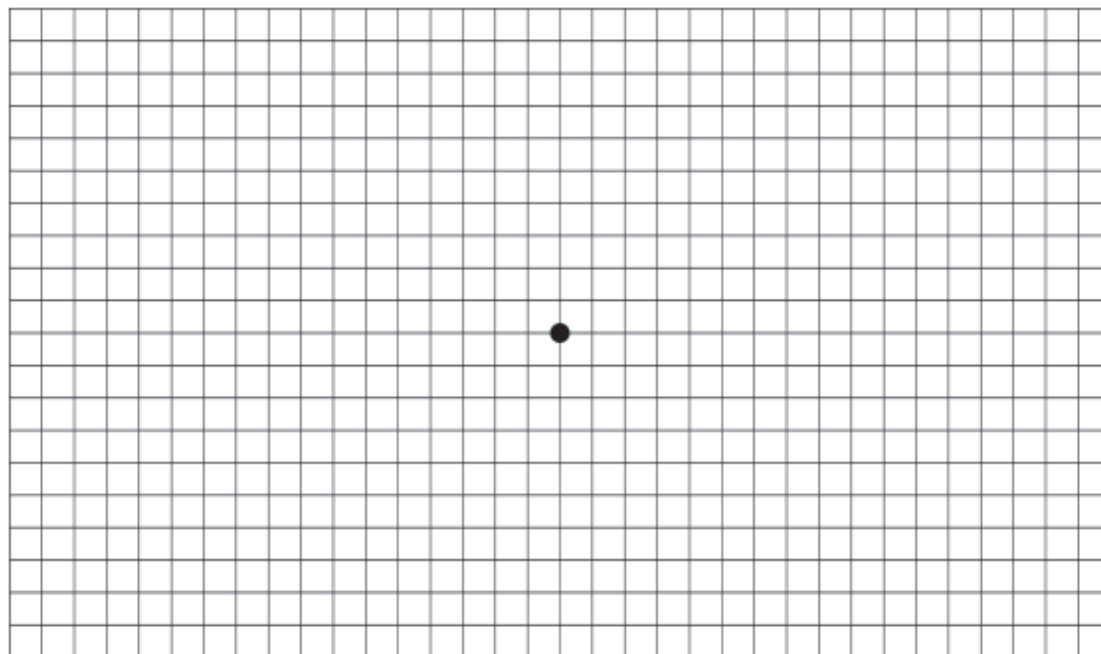
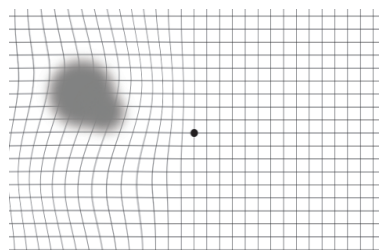
### Wavy



### Spots



### Combination



## How to use the Amsler Grid

1. Put on glasses, if needed, and hold or attach the grid to a wall at eye level.
2. Stand approximately 1 foot away.
3. Cover one eye, and with the other eye, focus on the center dot.
4. Look to see if any lines are wavy, distorted, or missing.
5. Record your results.
6. Repeat with the other eye.
7. If the changes are new, or have worsened, tell your doctor right away.